

# A Visit to the Grocery Store

## Reading

On Monday, Mario went to the Walmart in Iowa City because he needed groceries for his family of three, including myself. He picked up ingredients like pasta, red sauce, and cheese for spaghetti. It was also his friend's birthday, so he needed to buy milk and eggs to make her a cake. For his daughter's lunch, he wanted healthy snacks. For his wife, he wanted fresh fruit and vegetables. Mario was craving ice cream, so he would buy that as well. He took the Highway 1 bus route to get to Walmart because his wife was using the car. When he got inside, he started with the fruit section. Mario needed to decide between watermelon, strawberries, and peaches. Due to their seasonality, he went with strawberries. He then needed to decide between fresh fruit and frozen vegetables because there was a sale of frozen food. Mario decided that he would buy frozen because he had already gotten fresh fruit, and this would save his family additional expenses. Mario decided on a medley of broccoli, peas, and carrots.

For his daughter, the health-food section had a lot of options like rice cakes, trail mix, popcorn, and granola bars. Mario looked at the nutrition package and saw that trail mix had the highest protein content and decided to buy this. There was a deal to buy 1 snack, get 1 free. Mario chose the trail mix and popcorn. Finally, Mario headed over to the ice cream fridges where there were many flavors to choose from. He had been wanting strawberry ice cream, but was already going to buy fresh strawberries. Another option he had was mango and coconut. Mario ended up going with mango sorbet because he still wanted



something refreshing for the summer. After adding these goods to his shopping cart, Mario paid for everything. Mario had brought his own recyclable bags. He got on the bus again and finally arrived home. But when he looked at everything that he had gotten, Mairo realized he had forgotten milk and eggs. On the Walmart app, he asked these two items to be delivered. Once Mario got all of his ingredients, he began cooking for the week.

## Questions

**True or False? If False, correct the statement.**

1. \_\_\_\_\_ He wanted strawberry ice cream.
2. \_\_\_\_\_ He only bought popcorn for his daughter's snack.
3. \_\_\_\_\_ He drove in his own car to Walmart.
4. \_\_\_\_\_ Mario has four family members.
5. \_\_\_\_\_ Mario had to decide between four healthy-snack options for his daughter.
6. \_\_\_\_\_ There were five fresh fruit options to choose from.
7. \_\_\_\_\_ There was a deal on fresh fruit where you could buy 1 and get 1 free.
8. \_\_\_\_\_ Mario forgot ingredients and drove back to Walmart.
9. \_\_\_\_\_ Mario's daughter needed to bake a cake.
10. \_\_\_\_\_ Mario got groceries on the weekend.

## **Free Response Questions**

1. Why did Mario buy frozen vegetables instead of fresh vegetables?
2. Why did Mario decide to get mango sorbet?
3. What ingredients did Mario forget to buy?

## **Share a story**

1. Share a story about a time you or someone you know visited a doctor. Was it a scheduled appointment or a walk-in appointment? What was the problem? What recommendations did the doctor make?

2. Share a story about a time when you did not go to school or work because you were sick. What did you do all day? Did you go to the doctor?